

Welcome to the June 2012 (monthly) edition of the coaching column titled ‘...On Line Delivery’ on Henselite’s website.

The theme of this column is.....

Teamwork

Our sport has more team formats than singles so the imperative should be about us working as a team to win.

A description of TEAM WORK may well be summarised

T	together, committed
E	embrace, excellence
A	attitude, all about practicing habits
M	mutual milestones, medals
W	winning like warriors
O	‘oneness’
R	respect
K	kindred leadership

If you and others who comprise the team can apply some or all of these letters and their intent, you go a long way to succeeding, surprisingly.

And, the principle of a team does not change whether we compete at local club level or at international championships.

Enjoy the read.

Lachlan Tighe
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