

Welcome to the October 2012 (monthly) edition of the coaching column titled '...On Line Delivery' on Henselite's website.

The theme of this column is.....

Using the second in a fours team

Seconds: widening heads as team objective

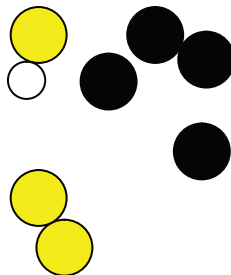
working with the third at training do two routines

- first where the head is set with us 3 down against yellow. See if can draw two bowls black in any of the positions as indicated as the second;

So allowing the third the opportunity to play into a head.

Continue for a half hour on first forehand and backhand;

Why not finish with a series of one end games between the two of you with the head constructed each time as yellow 3 up;



Lachlan Tighe
October, 2012

