

Welcome to this (monthly) edition of the coaching column titled ‘...On Line Delivery’ on Henselite’s website

This April edition is titled

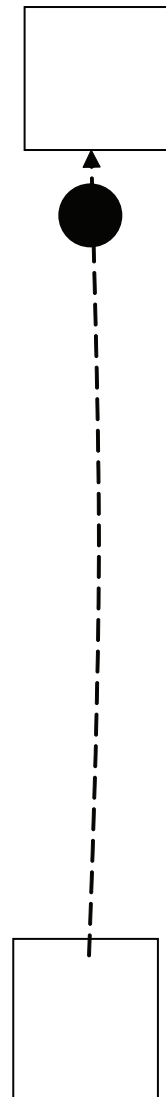
Consistency

2 bowlers each located on a mat 6-8m apart share and deliver just the one bowl alternately;

Each bowler is to deliver the bowl straight down that chalk line in the centre of the rink where it is marked for about 6-8 metres and the object is to deliver a draw bowl with sufficient force for it to travel totally along that chalk line to get to the other mat;

It is not a drive delivery- in fact it is more a simulated maximum length draw feel delivery;

The team of 2 bowlers are to get 10 consecutive deliveries right down the chalk line, no drives, to succeed, and, if at any time the bowl does not progress FULLY down the line the team starts the count to 10 again.



Lachlan Tighe, April 2010