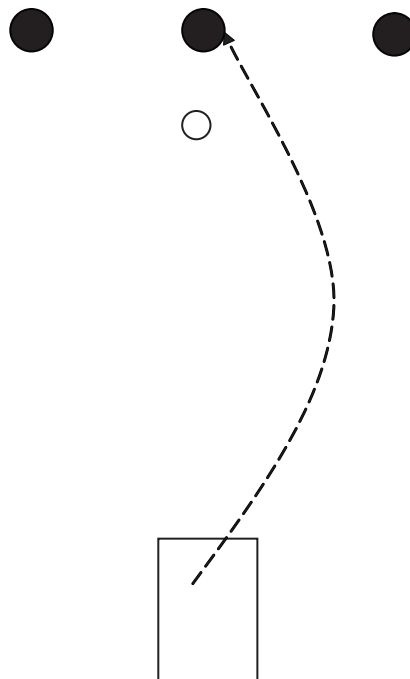


*Welcome back to another year of bowls and 2010;  
to May edition of Henselite's website '...On Line Delivery'  
coaching column is titled*

## Mastering the yard on shot

- set bowls one metre behind the jack;
- your target in each case is the bowl not the jack;
- draw to each of the three bowls to get a feel for a yard extra shot;
- note that the left bowls is your yard over (the head) delivery, bowl behind jack is the add a yard delivery, and, on the right is the bowl which may be a right spot in a sets play event



This diagram is a variation of one I read about in the UK Bowls International book citing Ellen Falkner and her approach to training for such deliveries.  
Enjoy your bowls.

Lachlan Tighe,

May 1. 2010