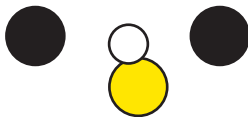


*Welcome to this edition of the  
'...On Line Delivery' coach column on Henselite's  
website with this theme being...  
Training Skills for playing positions*

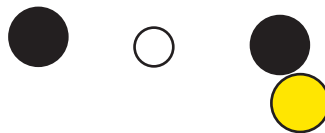
### *Thirds*

Tactical options - attempt each diagram with 4 deliveries

trail jack



wrest out right upright bowl



push out right flat bowl



### *Skips*

Tactical options - attempt this diagram with 4 deliveries

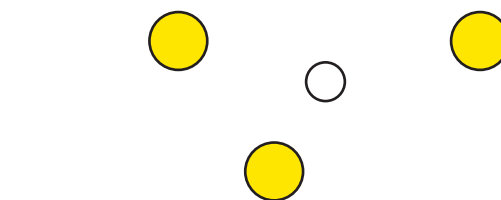
hide jack



cover back bowls



push out 2 back bowls



Tactical decision - how many options are there for the Skip to choose if He had last bowl, now .....

If he was to play his last bowl with one opponent's bowl to follow

Oppose a club mate with the head set up for separate games to try your skill.

Enjoy the read.

Lachlan Tighe, 2009